



**LANZHOU  
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**Lanzhou University  
International Summer Program**

**July 13 - July 25, 2025**

# What-We-Have



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Gansu Province is located at the upstream of the Yellow River, winding more than 1600 kilometers from the east to the west. It is the intersection zone of Qinghai-Xizang plateau, the Loess plateau and Inner Mongolian plateau like the shape of jade Ruyi, meaning good luck and blessing. The landform is so diverse, including grasslands and mountains, glaciers and rivers, Gobi desert.....Being colorful not only in the land view, it is also blessed as the cradles of traditional Chinese culture and enriches with a splendid cultures of 54 ethnic groups among all 56 Chinese peoples.

Lanzhou University (LZU) situates in Lanzhou, the capital city of Gansu as well as the geometric center of Chinese territory. Established in 1909, LZU is under the direct administration of Chinese Central Government, spanning 583 acres across two campuses and three affiliated hospitals. Covering a wide range of disciplines with distinctive advantages and features, LZU has a total of 12 disciplines and hosts a vibrant academic community, comprising 20,504 undergraduates, 14,557 postgraduates, and 4,688 doctoral candidates and a faculty of 3,781 members.





## 2025 LZU-ISP

The program is a full-time non-credit program under the theme of Sustainability & Ancient Silk Road, landing in the hot-spots within Gansu provincial region. This program highlights on an 7-day project-based field-trip. You will gain rich experience of on-the-way lectures, group discussions, excursions and more!



### Quick Facts

1. Time: July 13-25, 2025 (13 days)
2. Location: Lanzhou, Gansu, China
3. Theme: Sustainability & Ancient Silk Road

### Before Arrival Timeline

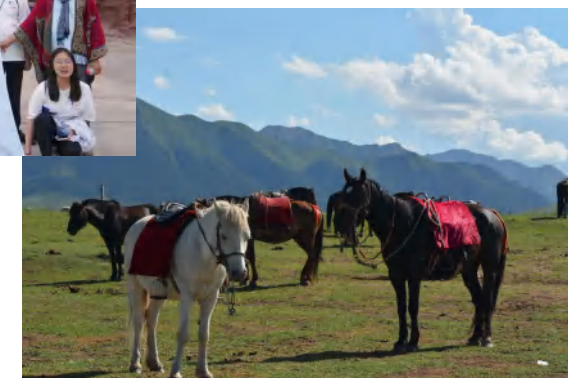
1. Nomination: April 30
2. Online-registration: May 03
3. Orientation: July 13

# Itinerary



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Itinerary		
Date	Activities	
D1 7月13日	Arrival & Welcome 接机	
D2 7月14日	Opening Ceremony 开幕式 ★ <i>Charm of Gansu</i> 《魅力甘肃》 ★ <i>Archaeology - Hexi Corridor</i> 《考古—河西走廊》 Lanzhou Night Fair 兰州夜市	
D3 7月15日	Lanzhou ★ Campus Tour 兰州大学校园游 MUSEUM OF LZU 校史馆 ELECTRON MICROSCOPY CENTRE 电镜中心 LZU MANAGEMENT CENTER OF SCIENTIFIC OBSERVING STATIONS 科学观测台站管理中心 ★ Chinese Kung Fu: Ba-Duan Jin 八段锦	
D4 7月16日	Lanzhou ★ National Intangible Cultural Heritage: Experience of Lanzhou Beef Noodles Making 国家级非物质文化遗产：兰州牛肉面传习交流体验 ★ Gansu Provincial Museum 甘肃省博物馆 Gansu Jiandu Museum 简牍博物馆 ★ <i>Jiandu Culture</i> 《中国简牍文化》 Citywalk Yellow River Side - Sheepskin Raft, Lanshan Night Scene 黄河风情线—羊皮筏子、兰山夜景	
D5 7月17日	Zhuaxixiulong Grassland—Yak 抓喜秀龙草原—牦牛 Wuwei—Tianti Mountain 武威—天梯山	
D6-7 7月18日-19日	Zhangye 张掖 Shandan Army Horse Breeding Farm 山丹军马场 Colorful Danxia landform 七彩丹霞地貌 ★ Volunteer Activity - Entering Campus 义工活动—走进校园 Giant Buddha Temple 大佛寺	



# Itinerary



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D8	7月20日	Jiayuguan 嘉峪关 Jiayuguan Pass、Great Wall、Jiayuguan Night Fair 嘉峪关城楼、悬臂长城、嘉峪关夜市 ★Walking at the border 行走在边关
D9	7月21日	Guazhou 瓜州 Yulin Caves 榆林窟 ★Encore Dunhuang 又见敦煌
D10	7月22日	Dunhuang 敦煌 Mogao Grottoes 莫高窟 ★Dunhuang Painting Classes 敦煌绘画 ★Grotto Art by DUNHUANG ACADEMY 《石窟艺术》— 敦煌研究院
D11	7月23日	Dunhuang 敦煌 Mingsha Mountain、Moon Crescent Spring 鸣沙山、月牙泉 ★Dunhuang - A Holy Land Where Eastern and Western Cultures Intersect by DUNHUANG ACADEMY 《敦煌——东西方文化交汇圣地》— 敦煌研究院 ★Desert campsite, Campfire night talk 沙漠营地、围炉夜谈
D12	7月24日	Closing Ceremony 闭幕式
D13	7月25日	Departure 送机



## Come and Visit LZU-ISP Website:

[https://global.lzu.edu.cn/Embrace\\_the\\_World/International\\_Summer\\_Program\\_ISP\\_/Moments.htm](https://global.lzu.edu.cn/Embrace_the_World/International_Summer_Program_ISP_/Moments.htm)



# Field Trips (7 days)



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## Places:

### 1. Tianzhu Zangzu Autonomous County



### 2. Zhangye



### 3. Jiayu Pass



### 4. Dunhuang



## Visiting hot-spots:

- Minorities Culture
  - White Yak
  - Snow Mountain
  - Grassland
- Danxia landform, a vast scenic area featuring magnificent Danxia landforms, canyons, and natural landscapes
- Ancient Great Wall of China relics
- Mogao Grottoes, a treasure trove of Buddhist art consisting of hundreds of caves and murals for more than 3,000 years

# Lectures/Activities

1. *Charm of Gansu* 《魅力甘肃》

2. *Archaeology - Hexi Corridor* 《考古—河西走廊》

3. *Jiandu Culture* 《中国简牍文化》

4. Volunteer Activity - Entering Campus 义工活动—走进校园

5. Walking at the border 行走在边关

6. *Grotto Art* by DUNHUANG ACADEMY

《石窟艺术》— 敦煌研究院

7. *Dunhuang - A Holy Land Where Eastern and Western Cultures Intersect* by DUNHUANG ACADEMY

《敦煌——东西方文化交汇圣地》— 敦煌研究院



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An icon representing housing, showing a stylized building with three windows.

## Housing

All participants will be assigned a doubled-occupancy room in the LZU on-campus dormitories (2 students per room). Rooms are furnished with beds, mattresses, cabinets, desks and chairs. Wifi is available in the residence building.

An icon representing gains and costs, showing a magnifying glass over a Chinese Yuan symbol (¥).

## Gains & Costs

After landing in Lanzhou, Lanzhou University will bear the local transportation and accommodation expenses for personnel from partner universities during the project period; All other expenses must be borne by oneself.

An icon representing LZU Buddies, showing two stylized human figures standing side-by-side.

## LZU Buddies

Your personal guide to LZU and Chinese culture: your buddy will contact you via e-mail prior to your departure for China.





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☀️ **Come and Join us !**



**Online Registration:**

<https://scamp.lzu.edu.cn/apply>

✕ **More about LZU-ISP:**

[https://global.lzu.edu.cn/Embrace\\_the\\_World/International\\_Summer\\_Program\\_ISP\\_\\_Moments.htm](https://global.lzu.edu.cn/Embrace_the_World/International_Summer_Program_ISP__Moments.htm)

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## Physical Geography



## Places of Historic Interest and Scenic Beauty



## Places of Historic Interest and Scenic Beauty



# More about Gansu



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## Food

